

How to Press Flowers

You will need:

- flowers
- Paper (waxed paper, baking paper, and computer paper all work!)
- a heavy book



Start by folding your paper in half to make a crease. Open your paper and lay your flower flat on the inside.

Gently use your finger to ensure that the flower will be pressed flat when you close your paper.



Gently close the paper, flattening the flower inside.



Carefully put your paper inside of a BIG heavy book. Put it towards the end of the book so that when you lay it flat, the weight of the book presses down on the flower.

