

## How to make your wreath:

You can make your wreath in any shape you can tie together - but for this demonstration we will use a rectangle.

You will need 4 sticks of roughly the same length, string, scissors or secateurs, and foliage you have gathered.

You can use sticks that you have found on the ground and if they are dry you should be able to break them to your desired size. You can also use secateurs to cut branches, just make sure you have permission!



Arrange your sticks in a rectangle so that there is extra 2-3 cm overhang past each point of intersection.

Tie each corner together with string, winding it around until it feels secure. When all four corners are tied, it should hold its shape.



The string does not need to be neatly done. In fact, being messy might make it more beautiful.



Securing it in one corner, wrap a long string around the whole frame. Wrap firmly but not too tightly, you want to be able to slide things between the string and the frame.





Forage for pretty flowers and vines! As always, make sure you have permission to gather what you use.

Tuck the stems of your flowers, etc., into the string around your frame.

Tie one more piece of string on either end of the top of your frame to hang.



Hang your wreath somewhere you will enjoy its beauty.

When you're done using your wreath as a decoration, you can remove the string to use again and compost the rest!

**No waste! Wonderful!**